



Touching Hearts & *Enriching Lives*



What is Peripheral Neuropathy?

Peripheral Neuropathy refers to the conditions that result when nerves that connect to the brain and spinal cord from the rest of the body are damaged or diseased.

How Prevalent is Peripheral Neuropathy?

It is estimated that upwards of 20 million Americans suffer from this illness. It can occur at any age, but is more common among older adults.

What are some symptoms of Peripheral Neuropathy?

- Numbness, tingling, abnormal sensations or pain in the feet
- Weakness in arms and legs
- Heaviness in legs
- Loss of balance
- Loss of grip in hands
- A lessening or absence of sensation to hot/cold

AARN can help...

- Observation and Assessment
- Patient and Family Education
- Nutrition Education
- Medication Education and Management
- Supportive Care Education of Disease Process
- Assistance with ADLs
- Management and Evaluation of Patient Care
- Risk Factor Education
- Ongoing Physician Communication and Coordination of Care
- Goal-Oriented Processes of Care
- Individual and Family Counseling
- Assessment of Further Complications or Abnormalities
- Individual and Family Counseling
- Home Safety and Emergency Education
- Restorative Therapy (Physical, Occupational & Speech)

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We treat our patients like family

