



Touching Hearts & Enriching Lives



What is a Wound?

A wound is a break in the skin.

What are the risk factors? Anyone at any age or at any time can get a general wound. Pressure ulcers, however, do not occur on such a broad spectrum as general wounds

Some risks include those people who are: Bedbound, Chairbound, Confused, Thin and frail, Comatose, Unable to control urine flow or bowel movements

What are some symptoms of a wound?

- Lacerations
- Puncture wounds
- Human bites and animal bites

Pressure ulcers are different depending on severity.

- **Stage I:** redness of skin, skin not broken
- **Stage II:** partial thickness, skin loss involving the epidermis or dermis.
- **Stage III:** full thickness, skin loss involving damage or deadening of tissue under skin.
- **Stage IV:** full thickness, skin loss with destruction and damage to muscle, bone or other structures.

General wound prevention may include but is not limited to:

- Take care when using sharp objects such as knives, scissors, saws, and trimmers
- Wear shoes or boots on your feet
- Use helmets, kneepads, wrist protectors, and elbow pads when skating or cycling
- Avoid picking up broken pieces of glass and handling razor blades

AARN can help...

- Supportive Care Education of Disease Process
- Individual and Family Counseling
- Management and Evaluation of Patient Care
- Observation and Assessment
- Medication Education
- Assistance with ADLs
- Wound Care
- Dressing Changes

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We treat our patients like family

